



Introduction to Peer Support

Introduction to Peer Support is a comprehensive course designed for responders, veteran responders, and the family members who support them. The course blends classroom instruction with hands-on practice and explores the purpose and boundaries of peer support; the impacts of acute, cumulative, and traumatic stress; and the neurobiology that shapes human responses under pressure, including moral injury.

Participants build core competencies in presence-based support, emotional regulation, active listening, and asking effective questions, while learning how to navigate difficult conversations, maintain healthy boundaries, recognize burnout, and make appropriate referrals.

The course concludes with a required 4-hour in-person skills lab featuring realistic role-plays, grounding techniques, and applied use of the Peer Support Compass.

Course Dates (Mon / Wed Evening Offering)

February 16, 18, 23, 25 and March 2

6:00-10:00 PM

Location

First Priority Medical Transport
1831 Airport Blvd
Cayce, SC 29033

Course Cost

Introductory price of \$75. This is a reduced cost from \$200. Agency discounts and scholarships may be available. Contact tim@sc-rsi.org

Register Here

<https://www.zeffy.com/en-US/ticketing/introduction-to-peer-support>

